

## EXPLAINING THE LEVELS OF SUPPORT FOR SENIORS

### 1. Independent Living

#### Where are you living?

In your own home **OR** in an Independent Living Apartment Building

#### What is life like for you?

- **Live on your own without risk to self and others**
- You can express yourself
- Take care of your own home / apartment
- Arrange shopping and banking for yourself
- Walk with relative ease (may be using a walker or cane)
- Manage your own hygiene and medications

#### Move into an Independent Living Apartment Building at Menno Place

Your rent includes lunch, bistro and recreation activities

Menno Apartments - **604 851-4000** for a tour

### 2. Independent Living with Fraser Health Home Support Services

#### Where are you living?

In your own home **OR** in an Independent Living Apartment Building at **Menno Place**

#### What is life like for you?

You need help with:

- Personal hygiene
- Shower Assistance
- Taking medications
- Compression Stockings

#### How do you get this type of care?

i. **Qualify for subsidized Home Support services from Fraser Health**

Contact Fraser Health to set up an assessment of your needs – **1 855-412-2121**

An assessment usually takes 90 days to observe and complete

Fraser Health oversees the standard of all subsidized care

### 3. Private Pay Assisted Living

#### Where are you living?

In Private Pay Assisted Living at Menno Place Terrace East Building

#### What is life like for you?

You need help with:

- Personal Services
- Meals, Housekeeping & Recreational Activities
- Requires 24 hours response system

**How do you get this type of care?**

- i. **Qualify for Private Pay Assisted Living from Menno Place**  
Contact Menno Apartments at 604 851-4000 to book an Assessment & Tour.

#### **4. Fraser Health Subsidized Assisted Living**

**Where are you living?**

In a Fraser Health Subsidized Assisted Living Apartment at Menno Place **Terrace East Building**

**What is life like for you?**

You need help with:

- Personal Services
- Meals
- Housekeeping
- Recreational Activities
- Require 24 hour response system

**How do you get this type of care?**

- i. **Qualify for these services from Fraser Health**  
Contact Fraser Health to set up an assessment of your needs - **1 855-412-2121**  
Fraser Health Cost: 70% of after-tax income

#### **5. Residential Care**

**Where are you living?**

In a Residential Complex Care facility at **Menno Home** or **Menno Hospital**

**What is life like for you?**

You need:

- 24/7 care for dementia or physical assistance such as lifting, getting into bed and bathing
- Facilities that are locked to prevent you from leaving / harm

**How do you get this type of care?**

- i. **Qualify for these services from Fraser Health**  
Contact Fraser Health to set up an assessment of your needs – **1 855-412-2121**  
Fraser Health Cost: 80% of after-tax income

[mennoplace.ca](http://mennoplace.ca)

[fraserhealth.ca](http://fraserhealth.ca)