

# East 1 Hospital

# November



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				9:15 Just Laughs 10:00 Exercise 11:00 Balloon Ball 1:30 Table Games 3:00 Exploring New Countries 5:45 Dominos	9:15 News/Views 10:00 Keep Fit 11:00 1:1 Visits 2:00 Resident Council/Community Meeting/E1 lead (RR) 3:15 Tuck Cart	9:30 Cognitive Games and Discussion/W2 10:30 Bowling/Recreation Room/W2&E2 1:30 Java Music/E2 3:15 Bocce Ball/E1
4	5	6	7	8	9	10
9:30 Singing/Stories E1 10:45 Hymn Singing E2 2:00 Chapel Service 3:15 Table Games/W2	9:30 Country Drive 10:00 Devotions 11:30 1:1 Visits 1:30 Java Music 2:30 Coffee Social	9:15 Life Times 10:30 Concert in Care 11:00 1:1 Visits 1:30 Bingo	9:30 Remembrance Day 10:30 Keep Fit 1:30 Sprouts 3:00 Word Games	9:15 Just Laughs 10:00 Exercise 11:00 Balloon Ball 1:30 Table Games 2:15 Mini Horses on East 1 5:45 Sing-a-long	10:00 Keep Fit 11:00 1:1 Visits 1:30 Artistic Expression 3:15 Tuck Cart	9:30 Cognitive Games and Discussion/W2 10:30 Bowling/Recreation Room/W2&E2 1:30 Java Music/E2 3:15 Bocce Ball/E1
11	12	13	14	15	16	17
 REMEMBRANCE DAY <i>Left We Forget</i>	9:30 Current Events/E1 10:45 Exercise/W2 & E2 1:15 Musical Memories/W2 & E2 2:45 Sing-a-long/E1	9:15 Life Times 10:30 Table Ball 11:00 1:1 Visits 2:00 Music with Brian Zalo 3:30 Rec. Staff Meeting	9:30 Bus Trip Lunch Outing 3:00 Word Games	9:15 Just Laughs 10:00 Exercise 11:00 Balloon Ball 1:30 Joy of Music 3:00 Exploring New Countries 5:45 Trivia	10:00 Keep Fit 10:30 Werner on Violin 11:00 1:1 Visits 1:30 Artistic Expression 3:15 Tuck Cart	9:30 Cognitive Games and Discussion/W2 10:30 Bowling/Recreation Room/W2&E2 1:30 Java Music/E2 3:15 Bocce Ball/E1
18	19	20	21	22	23	24
9:30 Singing/Stories E1 10:45 Hymn Singing E2 2:00 Chapel Service 3:15 Table Games/W2	9:15 Reading Circle 10:00 Devotions 11:30 1:1 Visits 1:30 Bus Trip	8:30 Music Therapy 9:15 Life Times 10:30 Table Ball 11:00 1:1 Visits 1:30 Bingo	9:15 News & Views 10:00 Lavendar Sachets 10:30 Keep Fit 11:30 Lunch Club Rec Room 2nd floor 3:00 Word Games	9:15 Just Laughs 10:00 Exercise 11:00 Balloon Ball 1:30 Table Games 2:00 Birthday Party/Social: Music with Kenny Buston 5:45 Hymn Sing	10:00 Keep Fit 11:00 1:1 Visits 1:30 Artistic Expression 3:15 Tuck Cart	9:30 Cognitive Games and Discussion/W2 10:30 Bowling/Recreation Room/W2&E2 1:30 Java Music/E2 3:15 Bocce Ball/E1
25	26	27	28	29	30	
9:30 Singing/Stories E1 10:45 Hymn Singing E2 2:00 Chapel Service 3:15 Table Games/W2	9:15 Reading Circle 10:00 Devotions 11:30 1:1 Visits 1:30 Java Music 2:30 Coffee Social	9:15 Life Times 10:30 Table Ball 11:00 1:1 Visits 1:30 Bingo 3:00 Rec. Staff Meeting	9:15 News & Views 10:30 Keep Fit 1:30 Active Game 3:00 Word Games	9:15 Just Laughs 10:00 Exercise 11:00 Balloon Ball 1:30 Table Games 3:00 Exploring New Countries 5:45 Short Stories Group	10:00 Keep Fit 11:00 1:1 Visits 1:30 Artistic Expression 3:15 Tuck Cart	